

## Workbox Ideas

If you are looking for additional work to do with your child, you may consider creating a workbox (this can be a box, basket, bag) with different activities that you can work through with your child daily or as desired.

Below is a list of suggestions of activities that you can include in their workbox. Some activities will be more appropriate for your child than others, so choose items you think are appropriate for your child. Remember to include tasks that are motivating, achievable and fun for your child, as well as those that will require more adult support. You can include any of your own as well.

I have tried to choose activities that you will be able to recreate from items you have lying around the house.

### Numeracy:

- An inset puzzle or jigsaw
- Build a tower - using stacking cups, Duplo bricks, block
- Stack rings
- Threading activities
- Matching and sorting with everyday items: match objects to each other (2 plastic cups, 2 sponges, 2 spoons, etc), match objects to a picture, match numbers/letters, match/sort socks, sort bricks by colour, sort toys by type (cars, animals, people, etc), sort cutlery in a cutlery tray.
- Order numbers 1 -10 (and beyond) (can be by matching or not)
- Counting objects - encourage your child to point to the objects as you count out loud.
- 'How many' counting activities - counting different objects and matching to the right number.
- Look at books with numbers.
- Number songs: 5 current buns, 5 little ducks, 5 little monkeys jumping on the bed, 10 green bottles, 1-2-3-4-5 once I caught a fish alive, 10 fat sausages, etc.
- Simple shop game - exchanging a coin for an item.
- Looking at different coins - this can also be a matching activity.
- Ordering the days of the week
- Looking at symbols of the different seasons.
- Cross of dates on a calendar

- Use everyday objects such as bricks to explore and measure long and short
- Match or copy patterns - using blocks, big buttons, different coloured paper squares.
- Explore 2D and 3D shapes - using building blocks, create a 2D shape picture
- Put an object in, on, under a bowl/cup

#### Literacy:

- Looking at books
- Take part on a story using props and sensory elements.
- Singing nursery rhymes and songs
- Songs with actions, such as the wheels on the bus, wind the bobbin up, etc
- Turn taking using simple games
- Mark making/drawing
- Following simple instructions - such as, hang up your coat, put the toy in the basket, take the note to mum/dad, etc
- Develop anticipation using bubbles - ready, steady (pause and wait for a reaction) then blow.
- Match letters/words
- Build or trace the letters of their own name
- Develop hand eye coordination - staking toys, opening/closing pegs, moving small toys/beads from one bowl to another, building blocks, posting toys in a box, lacing cards.
- Looking at pictures that interest them
- Using familiar signs such as more, again, stop, go - this can be enhanced using a toy car.
- Intensive interaction sessions.

#### Health and Wellbeing: (Some ideas, not necessarily for a workbox)

- Develop independence skills in dressing, teeth brushing, toileting, using cutlery, tidying, cleaning surfaces, laying a table, make a bed, Hoover, etc.
- Sharing a toy with an adult/sibling
- In the garden you can develop skills such as catching, throwing, kicking a ball, balancing, running, crawling, stomping, jumping and dancing.
- Take part in cooking activities