

## Literacy

Watch these videos about where your body parts are.

<https://www.youtube.com/watch?v=-6-Q1yTE54>

<https://www.youtube.com/watch?v=BwHMMZQGfOM>

<https://www.youtube.com/watch?v=izkM-0WxATA>

## Hello

Hello St Crispin's Primary Classes 😊  
Every week we are going to send out a home learning sheet with some suggested ideas and activities for the week based around a theme.

### St Crispin's Primary Classes Home Learning Week beginning Monday 8th of June 2020

Theme: Our Bodies

## Numeracy

Make a game of counting legs – how many legs do you have, how many does a cat or dog have? How about a bee, or an octopus, or a crab? Look out for things with lots of legs in the garden, like a centipede or millipede. How many legs do they have?



## Science

What happens to your body when you've been exercising? Listen to your body at rest - Put your hand on your chest – can you feel your heart beat? Notice how you breathe in and out softly. Your body should be nice and cool.

Now try this 5 minute workout with the body coach.

<https://www.youtube.com/watch?v=d3LPrh10v-w>

You should be able to feel your heart beat fast, you should be breathing quicker and feel hot and maybe a bit sweaty! Have a drink and relax!

## Challenge

Sing a song of 'Heads, shoulders, knees and toes'. Can you point to all the parts of your body in the song?

Watch this video which shows some new body parts to add to the song.

<https://www.youtube.com/watch?v=TSdelhmv6v0>



## Expressive Arts

Try some finger and thumb painting – not only is it fun but it helps isolate fingers and encourages pointing!



Get the whole family involved in hand painting and make a family tree!

## Health and Wellbeing

Hand washing – watch these two videos about the correct way to wash your hands – with a song!

<https://www.youtube.com/watch?v=S9VjeIWLnEg>  
<https://www.youtube.com/watch?v=dDHJW4r3eIE>



