

Support Notes for Burns night meal

This is an art activity that could form part of celebrating Burns night. The children are going to make a traditional Burns night meal of haggis, neeps and tatties using paper, tights, cotton wool, paint and glue. The task that includes opportunities for developing fine motor skills through painting, cutting and gluing as well as sensory activities of mixing glue and water and mixing it with tissue paper.

Materials

- Ready mix paint, blue
- Paper plate
- Paint pallet
- Pva glue mixed with a small amount of water and a glue spreader
- Small sponge
- Shredded paper
- Yellow or orange tissue paper
- Masking tape
- Cotton wool
- Scissors

Preparation

Pre-cut tights and tie a knot in the end of the tights

Prepare some shredded paper to stuff the haggis

Extension

- There are different ways that the neeps and tatties can be made, this includes cutting up small pieces of sponge and painting them orange or alternatively using shaving foam with food colouring

Step 1 – Painting

Place two pieces of masking tape on a paper plate in the shape of a cross

Using a sponge paint the paper plate blue

Remove the masking take to reveal the flag of Scotland design on your plate

Step 2 – Tearing

Tear some yellow and orange tissue paper into small pieces

Tear some cotton wool and mould it to look like tatties.

Step 3 – Cutting

Tie a knot in one end of an old pair of tights and cut approximately 15cm along the leg

Shredded paper could be made by scissors cutting up an old newspaper into strips

Step 4 – Gluing

Mix the tissue paper with the glue and stick it onto the plate for the neeps

Dip the cotton wool in the glue and stick it onto the plate

If you want to attach the haggis to the plate it might be easier to use a stapler, alternatively it can just rest on the plate.